

## **Food Labelling Guidelines Checklist** (According to Food Regulations 1985)

- Language**  
The label shall be in Malay or English
- Logo**  
Display your approved brand logo on the frontal cover of your package and also other certification valid in Malaysia with a reasonable size that visibly see.
- Description Name of the Food Product**  
It should contain the common name of its principal ingredients. Product name will affect customer choice of buying, to inform customers what the package contains.
- Ingredients Labels**  
State clearly all the contents in the food packaging. It should be labelled in descending order of proportion by weight, with declaration of allergens.
- Quantity of Food in the Package**  
It is mandatory to place the quantity of food either in net weight, volume or number of content.
- Information of the Business Company Responsible for the Packed Food**  
Product of Malaysia, name and address of the manufacturer and production of the food.
- Best Before / Expiration Date**  
The date after which the food may not retain the quality attributes normally expected by the consumer, under recommended storage conditions. Expressed in day, month and year, or in month/year.
- Storage Conditions**  
If the validity of date marking of food is dependent on its storage, then the storage direction of that food shall also be required on its label.
- Nutrition Labelling**  
The description of the nutrient content of the food.

**Instructions**

Clearly state matters regarding temperature or instructions when opened for consumers to comprehend, or any optional/additional information.

Reference:

[Food Regulation 1985](#)

[Ministry of Health Malaysia: Make effective use of nutrition information of food labels](#)

[Information on Food Labeling Requirements in Malaysia](#)